

**Setting the Stage** 

People and Organizations

Good fit = People & Job + People & Organization

- The three elements of fit
  - Responds to your need for useful work Self-respect
  - Enables you to express yourself Intrinsic motivation
  - Fulfills your financial, life needs Extrinsic motivation



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10/9:45-1

### Take it to the ER

Empowerment

- Open-ended questions
  - What, how, when
  - Where, who, not why
- In the process
  - You're interrupting negative spirals.
  - You're helping each other think.

### Recognition

- Acknowledgement: closed-end clarity guestions
- Validation
  - Who wouldn't feel that way?
  - That's completely understandable.
- In the process
  - You're validating the other's experience.
  - You're helping each person hear the other.

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Focus • What's the real challenge here for you?

Foundation • What do you (truly) want?

Lazy • How can I help?

Strategic • If you're saying yes to this, what are you saying no to?

Learning • What was most useful to you?



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BREAK
THE MCGAW YMCA
Emerging Leader Program

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15/10:45-1

# **Managing Others**

# **Delivering Feedback**



 Information people receive about their performance to answer the question: "How well did I perform?"

#### Positive

- Positive Feedback
- Positive Expectations
- Positive Mood

Verbal reward for behavior
People like it
People repeat the behavior
Directs and motivates behavior

- Indicates what performance is most important
- Helps you set future goals

Climate (warmer) Input (more)

What you expect, you get.

Response Opportunity

(more) Feedback (more)

Big picture thinking Verbal creativity Idea flow More interconnected

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15/11:00-1

15/10:30-1

Negative Feedback -

- People often react badly
  - Neglect
  - Retaliation
  - Exits
- Positive-Negative Asymmetry
- Why bother?
  - Overconfidence is dangerous.
  - Quick learning matters.
  - Can be softened.

Positive sandwich

Gottman

Can be done effectively.

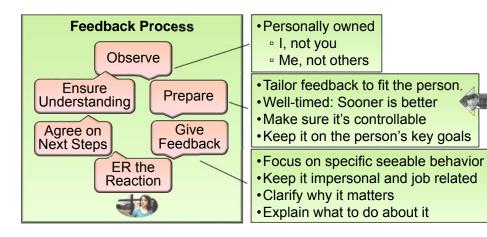
Used when you want to change an undesirable behavior.

 Often felt to be punishing or hurtful when received.

Used wisely, can be helpful:

- Directs and motivates behavior.
- Speeds up learning.

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20/11:40-1

Coaching (Whitmore, 2009)

#### Goals

What do you want?

- · When do you need it?
- Who would be involved?
- Where would this take place?
- What would this look like?
- · How much do you need to decide?

# **Options**

What are your options?

- What works?
- Who could share their expertise?
- How could you begin to do this?
- · How will you know when it's done?

## Reality

What are the barriers to doing it?

What's within your power?

**GROW** 

Model

- Who must be involved in the result?
- When is your closest deadline?
- What resources are there to help?
- · How can you get what you need?

#### Will

What are you willing to do and by when?

- Who needs to sign off?
- What will you do first? Second?
- How will you deal with the barriers?
- What will success look like for you?

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# **Managing Your Boss**

At a minimum, you need to appreciate

your boss's pressures. Without this. you're flying blind. and problems are inevitable.

(Gabarro & Kotter, 2005, p. 94)

## Managing Your Boss Checklist

understand my boss's context

- □ Goals and objectives
- Pressures
- Strengths, weaknesses, and blind spots
- □ Preferred work style

know myself and my needs

- Strengths and weaknesses
- Personal style
- Predisposition toward dependence on authority figures

We have a good relationship

- ☐ Fits both your needs and styles
- Is characterized by mutual expectations
- Keeps your boss informed
- Is based on dependability and honesty
- Selectively uses your boss's time and resources

take responsibility for myself

- I seek information I need from my boss instead of waiting for it.
- I assume primary responsibility for my own career and development.



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